



FEBRUARY 2017



Community pot-luck Picnic

Lots of people turned out on The Village Green on January 15th for the pot-luck picnic. People of all ages gathered under the shade of the trees and gazebos and relaxed on the green together. There was an array of yummy dishes to select from, plenty for everyone.



We really enjoyed the opportunity to relax amongst friends and get to know people we hadn't talked with before. The day was a real reminder for us of what an amazing community we have here in Paparoa. It was the simplicity of just spending some time together and sharing some kai which we all seemed to enjoy.



A huge thank you goes out to all those who showed up early to help set up, and to PPI who helped make the event happen. Let's hope we can make this an annual event!

Jocelyn McKenzie



The music was a real treat, with Fred Renata performing under his stage name Charlie Guy.

There were lots of songs about our local area and local people, and a whole lot of humour thrown into the mix.

This weekend! It's Paparoa's 141st A&P Show!



A great day out for the family showcasing all things agricultural.

This day, like every other show day in the 141 years it has been held, has taken many hours of volunteer labour.

We could list all the people who have given over 10 years of service in caring for the show grounds and in making the show happen, but the numbers are many and we could easily miss someone out.

When asked why they like to become involved the answers vary from - "I love to see the happy children's faces when they see their efforts rewarded" to "Our show gives city people a chance to see the country life" and "It's great to see traditions kept up".

This is our show and, along with the Pahi Regatta, is part of our district's identity so do come and enjoy the day. There is much to see and do.

If you are new to our area come and check it out, it's not to be missed!

Summer open days at Totara House



The Kauri Museum will be offering daily admission to Historic Totara House for a limited time over summer (27 February to 2 April.) The house is normally open only by appointment with a booked guided tour. This magnificent 1896 kauri villa set in beautiful heritage gardens was lived in for 117 years by the family of George and Emily Smith. It has been faithfully preserved and remains under the guardianship of The Kauri Museum.



Garden volunteers have been busy preparing the gardens for visitors. A huge amount of work has been done but there is still plenty to do. If you are keen to help out the next working bee is from 10am Tuesday 21 February.

Contact The Kauri Museum 431 7417 admin@kaurimuseum.com

Paparooa Press PP

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for Paparooa, Pahi, Matakahe,
Whakapirau and Tinopai.

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Councillor Libby Jones update

Kaipara District Council is looking for feedback on the revised bylaw for Kai Iwi Lakes. The other item of interest is Easter Sunday shop trading which government allows councils to make their own policy on.

Check out the website kaipara.govt.nz for more information on either of these and where to send your feedback. I am happy to discuss if you would like to contact me.



Libby Jones
Cr.Jones@kaipara.govt.nz
021 2080093

Exercising your dog

With summer here it is timely to remind owners of the Council's policy on dogs and where they can be exercised.

Kaipara has designated dog exercise areas around our parks and beaches. Dogs must be under control by their owners at all times and this means a leash at all times on roads and footpaths. Dogs can run free on any reserve that is not a leashed or prohibited area. In all areas dogs are prohibited from an area 10m around any children's public playground.

Paparooa: dogs are prohibited from the Village Green and must be leashed on Franklin and Paparooa Valley Roads.

Pahi: Leash control areas are in the campground area and Dems Rd foreshore.

Whakapirau: The foreshore and The Strand are control areas.

Tinopai: No restrictions on the foreshore.

Remember also that owners are responsible for cleaning up any mess your dog leaves. If in doubt please contact Kaipara District Council - kaipara.govt.nz or 0800 727059 PP



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Market celebrates 10 years

A fine morning and a good crowd helped the Paparooa Farmers Market celebrate 10 years of operation on Anniversary Weekend.

Helped along by the lively music of buskers Sax 'n' Sister Act 2, the stall holders and the public alike made a great day. The market is now a 'must do' weekly event in Paparooa. It's amazing how many social contacts, catch-ups and just plain relaxing occurs every Saturday morning. The town is buzzing, parking at a premium and retailers busy.

Celebrations included free birthday cake and wine tastings with Alistair of *Shop and Brew*. Manager, Graham Taylor, is stepping down and is confident a new managerial team will be in place soon. He thanks those who have offered assistance. Now he looks forward to being just a visitor and seeing the market continue to develop over the next ten years. PP

Fire Force

Due to tinder dry conditions across the Kaipara region a **total fire ban** was commenced on January 9.

There have been significant bush and scrub fires around the country which are devastating to those who have lost homes and for the wildlife whose habitat is destroyed.

In the last six weeks our crews have been out to six fire and three accident/medical callouts which is keeping us busy.



Some tips to help us with our job:

- Ensure that your house is clearly identified
- Ensure that your driveway has a 4 metre height clearance so we can get our truck in
- Keep access to water supply clear
- Isolate your flammable substances and keep them in a safe place
- Always check the fire status before you light a fire

To find out about the fire status in the local area keep an eye out for the fire ban signs across the district; there are at least four signs in Paparooa. Check out havingafire.org.nz or Kaipara District Council's website.

Amanda Brown,
VRRF Paparooa

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What's on at your Museum

Exhibitions on now ...

- * Tudor Collins - Man of Many Faces
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10.30-12noon

Carpark at Paparooa Village Green



If you have large items or furniture you wish to donate, we will come to your place to pick them up
please phone 09 439 0692

Spotlight on the A&P Show ... Kevin Cholmondeley-Smith

Kevin Cholmondeley-Smith, presnetly the publican at the Paparoa Pub, has been horse lover and country boy since his birth at Long Bay, Auckland - a Long Bay very different to the busy suburb we now know.

Back then Kevin's extended family farmed the Long Bay and Torbay area. (Glenvar Road took its name from that of his grandfather's property). This was the beginning of a lifelong involvement with horses: racing, show jumping, early eventing, and A&P Shows.

In those days the whole extended family would turn up for the co-operative effort needed to farm. Ponies were tied to fences while their youthful riders helped with hay making, thistle grubbing or other farm tasks. This was Kevin's introduction to horses - a love that has endured.

An old mare called *Silver* was his first horse, then there was *Gypsy*, and then a whole line of ponies he bred from when he was only 15 years old. These horses and ponies became the foundation of his

Glenvar Stud. A Stud that has bred Royal Show and Horse of the Year winners such as *Glenvar Casablanca*, *Glenvar Fanfare* and *Glenvar Royal Show* (famous winning ponies that went on to become equally famous brood mares). Winners that Kevin himself rode were *Rembrandt*, *Opal Thief*, *Huntsman* and *Delgorne* and many others.

Kevin's involvement in the Royal Agriculture Society (the parent body of A&P Shows) led to him judging in Australia at all their great Royal Shows, and in the UK, Middle East and USA. Loving the big shows for the buzz of them and their sense of excitement Kevin has ridden and won all over NZ.

What's more, he has also been involved in local A&P Shows since he was 16, including the Paparoa A&P



Kevin in his younger days competing at Paparoa Show

Show. In later years his sons and grandchildren also became involved. A committee member for a long time he is back judging the ponies again this year (and also at the Kaikohe and Northern Wairoa A&P Shows).

Kevin was a founder of the Kaipara Hunt (around 45 years ago). He says that he loves the competition but also the team work, that interaction between horse, rider and countryside.

His lifelong passion for horses has resulted in rich and varied experiences for him. PP



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Total fire ban - Prohibited fire season

The Rural Fire Authorities of Kaipara District Council, Whangarei District Council and the Department of Conservation, have declared a Prohibited Fire Season until further notice.

The prohibition will remain in force until weather conditions and fire danger indicators warrant it's uplifting, and applies to all land in the Kaipara Whangarei Districts except land administered by the Department of Conservation. Any permits issued for this period are now cancelled.

Commercially constructed barbecues, compliant incinerators

and cooking fires such as umu, hangi and spit fires, are subject to the following conditions:

- They are supervised by a responsible adult at all times.
- A pressurised supply of water at hand.
- The fire is extinguished as soon as the task is complete.
- The fire is no larger than 2 x 2 metres.
- There is at least 10 metres

of clear area round the fire.

- A warranted fire officer can request any barbecue, incinerator or other fire be extinguished if considered a danger.

All persons responsible for fires may be held liable for all costs associated with control of that fire.

Kevin Ihaka:
Principal Rural Fire Officer
Kaipara and Whangarei Districts

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Tinopai fishing success

What an absolutely fabulous day was had by one and all watching the events unfolding at Tinopai School. Under brilliant sunshine everybody was lathered in sunscreen or spread out under the many shade tents kindly provided by different businesses.

This year's prize donations were fantastic with several of them worth over \$500! We were amazed at the generosity of those we approached and as a result the stage was packed with awesome goodies for our fishing winners and spot prizes on ticket numbers! Awesome entertainment was provided by *Aloha Corner*.

The carnival atmosphere with a merry-go-round and huge bouncy castle also had pony rides this year which the kids just loved. We really appreciated Clint Cunningham, an ex Tinopai School student and one of NZ's top 5 rally drivers, who lent us his rally-car truck for our stage. He also donated a 'hot-seat' for a session in his rally car which was auctioned off for a very nice sum - brilliant!

The main event of the day - fishing - was very successful,

though I heard 'Outer Harbour' experienced a lot of competition with sharks!

Mathew Bell won 1st prize in 'Inner Harbour' snapper and also recorded the biggest fish of the day. While not the heaviest fish from previous competitions, it was certainly a good size. Mathew is only 15 years old, so he had a great day with a great big smile!

Altogether, we raised over \$11,000. The final tally to be done after all bills are in. We are very happy with this result. Money raised will be used for human resources in the school, ranging from Teacher Aide, art and music lessons, drama and Te Reo Maori.

We are so rapt and so humbled by the great day! Oh and the hangi was magnificent!

Sonya Kaihe, Principal



The crowd enjoyed the carnival atmosphere

The prizewinners were:

Inner Harbour:

Snapper: 1st Mathew Bell (6.92)
2nd Greg Stansfield (4.36)
3rd Callan Powell (3.47)

(Sponsored by Te Waahi whanau)

Kahawai: Callan Powell (2.59)
Gurnard: Matty Mattress (1.33)

Outer Harbour:

Snapper: 1st Mat Sim (6.44)
2nd Greg Lowe (6.09)
3rd Greg Lowe (5.85)

Kingfish: No entries

Trevally: Dave Aspden (1.19)

Kids Sprat winner: Alex Saint
(Won a PSP 4 with 2 games donated by Civiltrain director Stuart Moulding).

\$1000 mystery ticket prize:
Congratulations Joss Talley.
(see pictures back page)

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School start of year

School started for the year on January 31st and it has been great to see everyone back after the summer holidays.

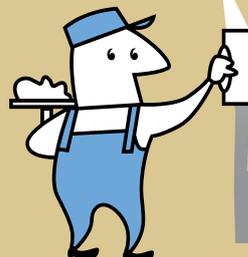
Our pool has been well used by the community during the holidays and we are all looking forward to developing our swimming skills over the next few weeks. The swimming sports will be held on Thursday, March 2nd. We are lucky that Kirsty Hamlin from 'Swim Safe' will be working with us again this year.

Our 'umbrella' theme for 2017 is 'Proudly Paparooa' and we look forward to learning more about our wider community as the year progresses.

Julie Harper

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Proud tradition ... of the Paparoa Pioneer Luncheon

In 1947 the Otamatea Women's Division of Federated Farmers (WDF) held their first Pioneer Luncheon in the Paparoa Methodist Hall, Hook Road, to honour the pioneers in our district.

Folk of senior citizen age who lived in or were connected to the area were invited. As numbers increased, the venue moved to the Garrison Hall - since replaced with Paparoa War Memorial Hall after the Garrison Hall burnt down.

During the 1950s, men boiled the water in a copper out the back while members enthusiastically prepared the Hall with huge floral displays and set the long trestles with freshly ironed and well named white sheets and members' plates & cutlery.

Bread was sliced and sandwiches prepared early morning in the hall by a large group (handmade butter was softened with boiling water to make it go further). Fillings included cold meats, jellied beetroot, and salad. Dozens of delicious home-made cakes, bottles of lemonade and lollies graced the tables. As the

100-150 guests arrived, each lady was presented with a shoulder spray and each gent a buttonhole! Distinguished Federation guests attended and a grand iced cake rounded out the celebration.

Over the years, as WDF members themselves became eligible to attend, membership dwindled, so the Country Women's Institute groups from Paparoa, Matakoho, Ararua, and Tinopai helped as well as Paparoa Lions Club. The WDF went into recess in the 1980s and Paparoa Lions Club took on the event, with caterers providing a light luncheon.

The Hall still fills with chatter and laughter as friendships are renewed and folk catch up with old identities still living in the area. Entertainment follows lunch and the traditional recognition of the eldest lady and gentleman (some now in their 90s), and the oldest couple,



Ailsa (nee Leaf) Cullen & Una (nee Lindquist) Ball cut the 60th Pioneer Luncheon cake in 2007; original members of WDF who joined when pretty young!

plus prizes relating to former years of business ownership, postmaster, schoolteacher or "who was that naughty boy at school who did??"

Another happy day concludes as guests return home - some as far away as Auckland, Tauranga, and Rotorua - reflecting on memories of yesteryear.

We look forward to the 70th Pioneer Luncheon on March 17. Anyone interested but not on the guest list may contact Pete Hames 431 6822.

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Cycle/walkway pushes ahead

The Cycle/walkway project for the Ruawai stop bank has reached the funding application stage.

We are hoping to apply for funding from a number of sources and are considering our options. These include partnering with an existing incorporated society or forming a separate incorporated society which would be dedicated to either forming a cycle way throughout the Kaipara district or just in the

Ruawai/Tokatoka/Matakoho/Paparoa area.

I am interested to have feedback on this issue. Do we have other keen people or clubs who would like to be involved? This project needs a strong team to push it along and Kaipara needs the tourists it will bring.

Stella Clyde 431 8804



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Ken's ready ... to strap on his carpenter's belt

Sixty-five year old builder Ken Chambers is an enthusiastic champion of the community he lives in. And because of his involvement in Paparoa Lions, Ken has now turned his benevolent attention towards the Paparoa Community Charitable Trust.

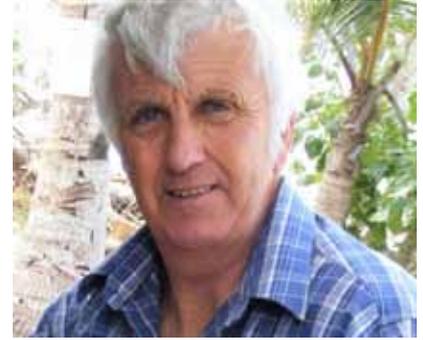
It was during his presidency of the local Lions that Ken first got involved with the lifestyle village project. The club had surveyed the community and discovered there was a significant demand for retirement housing. "So we started the ball rolling and PPI took up the challenge and got it underway," Ken says.

He's currently secretary of the PCCT but is hoping he can be "of more practical assistance later on in the project". His building skills will no doubt be in demand with at least 14 retirement units being key elements of the village.

Ken and wife Delwyn are

parents to three grown children and currently live at Whakapirau. He has had several business ventures, and is currently a self-employed building contractor. While he has no family ties to Paparoa, Ken was schooled in Maungaturoto in his primary years before heading off to Wellington for his secondary education.

"I have always been a great believer in being involved in the community and making sure people are well catered for in all aspects and stages of life," he says. "So if something needs doing I will lend all the help I can in seeing it gets done."



Ken says the retirement village project is the most challenging he has attempted. "Mostly because it is outside my experience area and large sums of money are involved. But because of the varied expertise of the team I am finding it both informative and satisfying."

Ken sees the village project as a very rewarding commitment. The hours put in will be entirely worthwhile "when we can look back at a magnificent community project".

Alex wins karaoke challenge

The night of the Paparoa Hotel's karaoke competition final saw our once quiet country pub packed with supporters and it rocked with the sound of music and vocals.



Kevin Cholmondely-Smith (publican) congratulates the winner, Alex Grice

Ten finalists who had won their places by popular vote in the semi finals sweated it out for the honour of the main prize worth \$600. On the final night it was up to the judges Martin Donnelly and Michelle Dunsmuir (brought in the last minute from Auckland) after Bianca from Kaiwaka was unable to do the honours. Compere Milly set up the competition atmosphere in great style and many spot prizes were handed out to contestants.

The karaoke winners were:

- 1st Alexandra Grice (Paparoa),
- 2nd Joshua Bennett-Kuvarji (Ruawai)
- 3rd Dave Marshall (Matakohe).

A big thank you to the sponsors: Paparoa Hotel Ltd, Hunting & Fishing Ltd, Lion Brewery, Skin Image, Skeltons Drapery, Maungaturoto Butchery, Zephyr Oysters and Empire.



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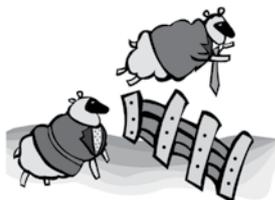
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The threat of kauri die-back

Experience with kauri die-back disease in the Waitakere Ranges Regional park gives serious warning of potential disaster for our Northland region kauri bush areas.

Kauri dieback infection rates in the Waitakeres have more than doubled in the last five years, making it New Zealand's worst-hit area for the tree-killing disease.

Over half the substantial kauri areas contain symptoms of infection, and infestation rates were worst in those areas with the highest foot traffic and where intensive pest control is being carried out.

Although some treatment methods seem promising, there is as yet no cure for the soil-borne kauri-specific disease, which attacks roots and damages the tissues that carry nutrients in the tree.

Actions taken in the Waitakere Ranges to date include track closures to create kauri protection zones across 10 per cent of the track network,

signage, and track upgrades. There are strict hygiene protocols for all council staff and contractors working in the park and more than 100 footwear cleaning stations for visitors to the park.

Yet despite these measures, 83 per cent of park visitors walk past cleaning stations



without scrubbing their shoes, go off-track or disregard closed tracks, according to a recent Auckland Regional Council report.

It's so important to wash your shoes and remind others to do the same when walking through *Paparoa Lions Bushwalk*. Imagine how easily a visitor who walked the Trousoun Park or any other nearby infected forests could spread this to our site! PP



New Year greetings from OCS

Welcome to 2017 and we wish you a belated Happy New Year, and hopefully you all had an enjoyable Christmas.

Remember that the seniors' lunch at the St John's Hall is the first Wednesday each month and chocolate bingo is the third Wednesday at the Anglican Church Hall.

Also we remind you of our counselling service, parent coach, budget support and food bank, and remember all are welcome to drop in to your community house, Monday to Friday between 9am and 3pm.

Best wishes,
The Team at OCS

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ORT news .. Musical revue, youth theatre, science show

'I Love You, You're Perfect, Now Change'

This hilarious musical revue by Joe Di Pietro and Jimmy Roberts opens at ORT's Maungaturoto Theatre on 3 March. Now there's a great Valentines' Day gift idea.

'I Love You, You're Perfect, Now Change' is presented in the form of a series of vignettes connected by the central theme of love and relationships. The play's tagline is ... "Everything you have ever secretly thought about dating, romance, marriage, lovers, husbands, wives and in-laws, but were afraid to admit."

It has been translated into at least 17 languages and is more suited to adults as there is some risqué content.

As well as opening in Maungaturoto the show will be performed at Forum North (Whangarei), Dargaville, Mangawhai and Warkworth. Tickets are on sale at www.ort.org.nz or at Tony's Lotto Shop in Maungaturoto. Adults \$28 (see advert page 10).

Youth Theatre

Seventy children enrolled for Youth Theatre this year. It is such a popular programme that we had to split the children into two separate weeks. We are very grateful to have received a small grant towards this from Kaipara Creative Communities (see story page 11).

Youth Scholarships

Teenager Molly Curnow is the recipient of the ORT Youth Scholarship 2016. Molly will use the money to help pay for her trip to National Youth Drama School.

Kylan Stephenson received the junior award.

Tour de Science Show Thursday 16 February, 7pm

Award-winning performer, David Klein is bringing his science storytelling show to ORT. Part theatre, part pop-learning, 'Tour de Science' is an effervescent scientific and personal learning adventure. David shares his life's journey of curiosity and discovery of

atoms, cells, evolution, the solar system, stars and beyond. "It's all the amazing facts I've learned, and how, through lots of little steps, we can get our heads around the biggest ideas," says David.



David Klein

Clever, compelling and aimed at a general adult and teenage audience, 'Tour de Science' is designed to deliver a jolt of curiosity and inspiration to learn more about the world - "Like the coolest TED talk ever," says David.

Adults- \$10, students \$5

Maura Flower

Otamatea Repertory Theatre

Music Makers & Buskerteers

The *Matakohe Music Makers* and *The Buskerteers* at the Christmas Farmer's Market have made a donation of \$200 to the Cancer Society of NZ. In turn we wish to thank everyone for their generous donations which made this possible.

The Buskerteers were a mixture of some of the regular market buskers and was made up of Jim and Sharon Duffy, Dennise Brownlie, Laurie and Helen Hughes, Helen and John Reynolds, Stewart Stevenson and Cindy and Mark Vincent entertained with many songs and played their ukeleles, guitars, mandolin and the fiddle.

Much joy and fun was had as we all got into the Christmas Spirit. Such a wonderful experience.



Yours in music

Sharon Duffy

SALES SINCE AUGUST

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From our family to yours When the tanks run dry!

Water is a basic necessity for life, I think we'll all agree.

All the years I lived in a city, I did not think where the water actually comes from when you turn on a tap - first world living at its most ignorant.

When all your water comes from a tank, and that tank only gets filled when it rains, suddenly you realise how vulnerable we are to the whims of the weather.

Lucky we live in a country where you can pick up a phone and ring for a tanker full. Or as locals on the east coast discovered over the holiday season, maybe even wait three weeks for it to arrive. What if the trucks never arrive?

We are vulnerable in many ways nowadays, for example, relying on most of our food to arrive on trucks, because how many people are living 100% off their land, or even 50%? Anyone who has grown anything has had to ponder

how humanity even made it this far, given how hard it can be to grow a single cabbage, let alone a years worth of onions and lentils.

A self-reliant community is at the centre of my thinking here, but this is often an afterthought caused by emergency. Being self reliant is about more than homegrown steak and brewing your own beer.

The potential of being prepared for any financial market meltdown also means day-to-day essentials are in the hands of all who need them within a community, building healthier and happier lives all round.

Anyone who is interested in continuing a conversation about self-reliance, bartering home grown produce or protecting our waterways, can contact me at longberd@gmail.com.

Jenny

Ruawai's Music in The Garden



Ruawai Lions are again presenting their annual event *Music in The Garden*, on February 12 from 2pm at the Robinson's place, 143 Dunn Road, Ruawai.

Set within a large garden, bring along your chair, rug, and some friends, and relax for the afternoon listening to the featured musicians of the day.

There is a great line up, including Tony Littlejohn's band *R&B Connection*, who are guaranteed to have everyone up and dancing. Other local talented musicians and vocalists will be there including *Sax 'n' Sister Act 2* and *Otherwise Fine*, both often seen and heard busking at the Paparoa Market.

Food and refreshments will be available and there will also be raffles. Bring your own alcohol.

Admission: adults \$10, 5-16yrs \$5, Children under 5 free (no eftpos).



For more info contact: Jim Simpson 09 439 2557



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DARGAVILLE FREE PUBLIC SEMINAR THE AGEING BRAIN: While we work on a cure for tomorrow... What can we do today?

Speakers are Dr Malvinder Singh-Bains and Dr Nasim Mahrabi who are currently working as Post-Doctoral Research Fellows at the Centre for Brain research (CBR), University Of Auckland. Their research is focused on how neurodegenerative diseases (such as Huntington's and Alzheimer's Disease) affect the human brain.

Both Malvinder and Nasim's PhD research have received international and national acclaim. They believe in disseminating scientific research through schools, community groups and conferences to promote the importance of brain health and awareness of neurodegenerative diseases.

WHEN
Friday, February 10th, 2017
10.30 am – 12.00 pm

WHERE
Town Hall Conference Room
37 Hokianga Road
Dargaville

NO BOOKINGS REQUIRED
Please arrive early to secure seating
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Summer gardening

This month should be the month to reap your rewards and enjoy the taste of home grown tomatoes and capsicum. Hopefully the green vegetable beetles have been kept away from your beans and you have been enjoying these straight from the garden too. The courgette overload may be occurring; it's amazing how fast these plants can produce if they have plenty of manure and water.

I thought I would share this season's 'flops and tops' in my windy and clay soil paradise!

Flops

1. This year my garlic is a dismal failure. The bulbs are small and the tops got garlic rust. (Lesson- don't grow them in the same soil or place next winter.)
2. My early tomatoes did not like the cold weather and succumbed to blight.
3. Early capsicum and tomatoes in the playhouse at my daughter's place were a disaster as the ants in the warm soil farmed soil aphids that sucked the life out of the plant roots and stunted them so badly we had to give up. Soapy water drenches didn't seem to help much but things are growing now, and we noted that the prolific courgette was not affected at all.

Tops

1. *Sweet peas!* Two and half months of beautiful scented flowers to pick and share. Yes most of them have reverted to purple as I save my seed each year, but they hung on in the gales and flowered like a dream.



2. *Godetia* - I tried these just to see what they were like and they have been wonderful. Very easy to grow from seed and very colourful, and survived the windy blasts. Well worth growing.

3. *Gaillardia Arizona* - This amazing plant flowers and flowers through wind, rain and drought and then quietly spreads a few seeds to come up again.

4. *Kale, spinach and silverbeet* - I guess everyone can grow these crops, but they are so easy and are reliable greens to have in your garden. I know that not every child likes them, but ours loved them with cheese sauce (maybe not kale as it wasn't fashionable when my kids were young - and now I mostly use mine in soups or smoothies).

5. *Leeks* - These don't seem to get any pests and they provide great stir-fried greens.

6. *Potatoes* - I must be leaving some potatoes in the ground when harvesting as I have plants coming up by themselves, meaning I get new potatoes growing nearly all year round.

7. Beetroot, beans, later planted tomatoes, capsicum, egg plant and carrots are also doing well thanks to the raised beds I purchased from Albie at the 'Den' in Maungaturoto. I think I will be investing in more of these.

Keep watering if you can spare the water - and think about what you can mulch for next summer! It makes a huge difference.

Great gardening! Stella

ORT summer youth workshops

Children from far and wide heeded the call to the theatre during January, so many in fact that two separate workshops were held back to back!

The week-long workshop covered all aspects of theatre roles, rehearsing and creating a play which is performed on the final evening to a supportive crowd.

This year *The Willow-Pattern Story* came to life twice, a tale from ancient China about possessive fathers, finding true love and then dying for it. The children did an amazing job even learning songs sung in Chinese, and English, something many adults would baulk at in a week!



Week one participants onstage at Youth Theatre



Making Chinese lanterns



A chance meeting in the market

Jacqui and Sasha Gilberd (age 7 and 9 respectively) came up from Kaukapakapa, attending the first week from 16-20 January. Their feedback was typical of each of over 70 participants:

Jacqui: "It was fun. I learnt a lot about acting and made lots of new friends there. I liked the fire dance the most because we glowed in the dark! I want to be on stage more this year".

Sasha: "It was my first time going on stage to do a play. I liked the music and I made a new friend. My favourite part was singing the dove song and walking around in the market. I can't wait to go again, meet more people and find more costumes to wear on the stage. I had lots of fun".

Many thanks to the organisers, volunteers and other people who put in many hours of hard work to have such a wonderful workshop available in our district, and at such a reasonable cost. What an awesome holiday activity!

Priced to sell!

181 Ounuwahao Road, Dargaville Surrounds – Grazing

With such a great location only 11km north of Dargaville and 51km south of Whangarei, this attractive grazing block has potential to captivate those pining for the country lifestyle, yet so close to town. The contour of this 62.3 hectare (153.9 acres) property is flat to medium hill with scattered pockets of mature native bush providing privacy, shelter and potential for building sites with exceptional views. Currently subdivided into 9 paddocks this property has had a new lease of life with 80% of the fencing been renewed or repaired, six new culverts installed and great new cleared and repaired tracks servicing most of the land.

Vendors are motivated to sell, so make this your lifestyle property and give me a call today.

For Sale: \$495,000 plus GST (if any)

Scottys Camp Road, Dargaville Surrounds – Lifestyle Property

Such a warm, peaceful and immaculate lifestyle property located only 8.4km from the local town centre of Dargaville. Set in beautiful established gardens, this north-facing 105sqm home consists of three double bedrooms and one bathroom with spacious decking that complements an open plan flow throughout, with extensive views. The sun room, being an extension off the lounge with large windows lets in floods of natural light which flows through to the dining area and country kitchen. This beautifully presented home will suit families looking for a wholesome lifestyle for their children, or a retired couple who love the rural lifestyle.

For Sale: \$455,000 plus GST (if any)



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Mah Jong group starts

The inaugural meeting of Paparooa Mah Jong group was held in January when seven people met with Marian Harkness who gave them a grounding in the rules and the format to play.

They all picked up the idea quickly and one even won in their first game calling 'Mah Jong'. If you have played cards it helps as the 'tiles' (similar to dominos) have 3 suits. There are also 'honours' which include the four winds and three dragons.

Everyone tried the 'Ordinary Mah Jong' hand which is regarded as the easiest to do. Shuffling is 'twittering' (like a bird) and four walls are erected in a closed-in square. The highest dice scorer becomes the dealer and counts the walls to the same number

on the dice, then counts the same number of the chosen wall to break it and deal. Several books are available which make it easier to work out which 'hands' you want to follow. We play the Western, not the Chinese game, and we don't score as it is too confusing and time consuming for beginners.

What a pleasant and interesting



group we were! We decided that weekly was too often and monthly too long, so further meetings will be fortnightly, on a Tuesday from 6.30pm. Next meeting is 31 January at Marian's home. Please call if you would like to join, either as an existing player or if you would like to learn.

Marian 431 6332.

Heads up to Gaye's move

Popular Paparooa hairdresser, Gaye Northcott, is on the move. In a 'step up' for her salon she is taking over the premises previously occupied by *Pegasus Engraving* (next door to *Empire*).

Gaye plans to open as *Colour and Cutz by Gaye* in early February; moving out from the *Country Cutz* salon she has occupied for 14 years between the Village Café and Paparooa Dairy. She had been considering a change of location and jumped at the chance when the opportunity for these new premises.

"Staying in Paparooa is important to me" says Gaye, "and these new premises mean that I can continue to enjoy the longstanding relationships I've enjoyed with my many loyal clients and also to grow the business with new clientele moving in to the neighbourhood".

The name *Colour and Cutz by Gaye* reflects Gaye's passion for colouring and cutting hair. She uses *Alfaparf Milano*, an organic colour (no parabens) and loves the beautiful results she gets for her clients.

She has been in the hairdressing profession since leaving school and says "I love how you can alter someone's appearance and the way they feel about themselves in the space of 60 minutes. A visit to the salon is such a great experience, not only for the pampering and the time-out, but with the added bonus that you walk out feeling fabulous. I'm a firm believer in that when your hair feels great, all is well with the world again!"

Colour and Cuts by Gaye is open for business Wednesday to Saturday, with a late night on Thursday. Hours may alter as the new business gains momentum.

Phone the salon 431 7255 or Gaye's mobile 021 115 8056 for appointments.

We wish Gaye many more happy hours pampering the people of Kaipara! PP

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At the Market ... 'Merril Road'

Although they're relative newcomers to the Paparoa Farmers' Market, for Joanne Pattison and her husband Reed Harrison, *Merril Road's* appearance there was many years in the planning.

Jo lived in France on and off for 25 years, and when she came across the paparoa.org.nz website and learned about the market she decided that one day she would have a stall there.

They visited the Paparoa area just once, but it made quite an impression and they are now living here permanently (currently at Pahi) and building on their *Merril Road* brand. The stall at the market includes artisan preserves, candles, beeswax wraps and of course honey. *Kiwitahi Honey* is the company run by Reed's son, who has 1800 hives dotted across the Kaipara; the bees foraging on the tastes of this beautiful western harbour.



Pictured with Jo (at right) is friend Frances visiting from Bordeaux

The artisan preserves are from award winning *Jenny's Kitchen* but Jo also makes her own amazing preserves- food with history. *Pahi Pickle* is a classic example, bringing the old recipe of a long-time 'Pahitian' onto modern tables. *Captain Cook's Carrot*

Marmalade is also becoming a local favourite.

If you happen to have a "generations old" tried and tested recipe that you think deserves publicity, get in touch with Jo and she could bring it to life.

You can also find Jo or Reed at the markets in Mangawhai most Saturdays, and Waipu every second Sunday.

PP

Pets in the Valley

I wouldn't want to be a horse in Peru, or a cow or a sheep and definitely not a guinea pig. However to be an alpaca or a llama would be just fine.

The horses are all very skinny and work hard for a living. Cattle are not quite so skinny but they spend their life tethered (there is a definitely an opening for someone to introduce solar powered electric fences). Sheep are in fairly good nick but mostly they are also tethered or hobbled. Guinea pigs are well looked after but they are not pets and are destined to be Saturday afternoon lunch.

In contrast all the alpacas and llamas are much better off. They are very happy in their native environment. Their fibre is very prized and they obviously stick around more as most of them were grazing freely. They were all in good condition and were very placid.



Most of the ancient Incan ruins we visited had alpacas aesthetically grazing the amazing hand-made terraces, keeping the grass looking beautiful. Obviously facial eczema and ostertagia are not a problem in the high altitude often arid environment.

Being a tourist in Peru was not too bad either!

Janine

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Learn basics of computers including *Microsoft Office & Google Chrome* (internet)

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Workplace

Workplace Literacy

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Basic Computing - 100 hour programme.

Learn basics of a computer including *Microsoft Office & Google Chrome* (internet)

Digital Devices - 25 to 100 hour programme learning how to use digital devices including basic function and apps.

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Learner Licence

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Literacy, Language and Numeracy

Literacy/Numeracy

Whanau Literacy

ESOL

Workplace

Workplace Literacy



HEY, KIDS . . . JUST FOR YOU

Fill your garden with birdsong

In New Zealand we are very fortunate to have a variety of interesting birds living in different habitats. In Kaipara we often see kereru, tui, piwakawaka, silver eye, and kingfishers. Sometimes though food can be difficult for them to find. And in drier months, like now, drinking water can also be hard to come by.



Piwakawaka



Pine cone bird feeder to make

You can attract birds to your area by providing accessible water and food. Try making this pine cone bird feeder to invite birds such as sparrows, silvereyes and starlings into your backyard.

1. Collect the items you'll need

- Pine cone
- Plate
- Butter knife
- Smooth peanut butter and lard
- Birdseed
- String
- Scissors

2. Make your bird feeder

- Use scissors to cut a long piece of string to hang the bird feeder.
- Take the string and tie a knot around the pine cone near the top (at the stalk end).
- Tie a knot in the other end of the string so you can hang your bird feeder.
- Use the butter knife to get equal parts peanut butter and lard on the plate.
- Use the butter knife to spread the peanut butter and lard mixture inside the pine cone and around the edges.
- Hold the pine cone over the plate and sprinkle birdseed over it.
- Roll the pine cone in any birdseed that has fallen on the plate.
- Pick a place in your backyard that's safe from predators- at least 3m off the ground and at the end of a tree branch.
- Hang your bird feeder and wait for the birds.
- Take your bird feeder down at night so rats or mice don't get it.

During springtime you won't get many birds using the feeder as natural food sources will be readily available again.



Silver Eye

The Department of Conservation has many activities for you to try, including this colouring in picture of kakapo.



You can find more at <http://www.doc.govt.nz/get-involved/conservation-activities/>

If you enjoy drawing, Heather Arnold has a fantastic book 'Draw New Zealand Birds: A step-by-step guide'. You can also visit her website www.dragonsaucebooks.com to find a couple of sample guides for you to download.



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These days there are so many legal requirements to be adhered to in order to protect your investments and most importantly stay out of court. I am up to date with

all the latest requirements in regard to home insulation legislation coming in by 2019, smoke alarm requirements and the issuing of notifications to tenants. I can also help you with the healthy homes insulation subsidy available where applicable.

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checks, background checks and reference checks to select potential tenants so your home is protected and valued. I have extensive programmes to record and document everything, so if the need for tribunal arises, your success rate is inevitably higher. I also do regular inspections of your property to keep a close eye on how things are going and have the experience to run things effectively. I can deal with all maintenance and repairs on the house and answer those wonderful midnight phone

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The rental shortage is unbelievable. I have a large number of good tenants just waiting for a home to love. So if you have been doing it all on your own or have been considering property management give me a call today. Let me take the worry out of it all and let your property investment work for you.

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Grey Power matters

Otamatea Grey Power (OGP) continue to lobby on social issues:

- a planned new \$1b prison, instead of adequate housing, education and health care
- fracking should stop as it has implications for earthquake activity
- opposition to compulsory fluoridation of drinking water
- support for re-legalisation of cannabis for health benefits
- glyphosate- banned in EU

WHO Expert Committee on Drug Dependence (ECDD) has initiated a process that could lead to rescheduling of medical marijuana under international law. Canada has scandals around tainted cannabis being sold to medical patients by large producers, reinforcing OGP's

stand in support of growing our own medicine. The NZ Herald reported that in the US, the largest take-up of cannabis has been in the 65+ age group, for pain relief without side-effects and improvement in quality of life.

OGP site as most concerning President Obama signing into US law the US Government restrictions (read censorship) on those who attempt to expose the truth. With this new law, the US Government has the power to censor the internet - refer George Orwell's '1984'.



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OHS Junior Prizes 2016

The 2016 Junior Prizegiving saw many certificates and awards presented to Otamatea High School students. Endeavour awards recognise effort and attitude and Excellence awards recognise academic achievement in all subjects and at all levels. Top academic honours went to Mya Lawrence (Year 10) and Maggie Hames (Year 9). The Junior Victrix and Victor Ludorum awards were awarded to Ocean Shadbolt and Zack Hamlin for their sporting achievements. In inter-iwi competition Maniapoto won the Endeavour Cup, while Ngapuhi won the Academic, Sporting and Champion Cups.

Paparooa students awarded for their year's work were:

Joshua Sheppard - Athletics Boys Sub-Junior Champion, Cross Country Sub-Junior Champion, Endeavour for 7N Physical Education.

Boyd Wintle - Endeavour in 8S Physical Education, Excellence in 8S Mathematics.

Samuel Parker - Endeavour in 8N Mathematics.

Abby Cant - Endeavour in 8N English, Excellence in 8N Social Science, Endeavour in Year 8 (Guy Cullen Memorial).

Chrish-chell Tuhiwai - Endeavour in 9S Mathematics.

Amylee Sheppard - Endeavour in 9S Science, Endeavour in 9S English, Endeavour in Year 9 (Guy Cullen Memorial).

Katrina Poyner - Endeavour in 9E Social Science, Endeavour in 9E Science, Excellence in 9E English.

Maggie Hames - Excellence in 9E Science, Excellence in 9E Physical Education, Excellence in 9E Mathematics, Excellence in 9E Social Science, First in Year 9 Mathematics (Haydn Hutching Cup), First in Year 9 Science (Huston Family Cup), First in Year 9 Social Science (R Fletcher Cup), First in Year 9.

Zack Hamlin - Endeavour in 10N Physical Education.

Mazy Wintle - Endeavour in 10O Mathematics.

Suzy Hames - Endeavour in 10N English, Excellence in 10N Social Science, First in Year 10 Social Science (Mr & Mrs McAdam), Second in Year 10.

Hannah Cant - Excellence in 10E English.

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Some school students say "I can't do science!" But science involves us all every day and in every way whether we like it or not.

Take micro-organisms; they are in and on every one of us. They help us digest food, fight harmful organisms, modify our genes and can affect our behaviour. Every human being has their own eco-system (called *biome*) which is individualised and personalised depending on what you eat! Micro-organisms are everywhere from top to toe and inside us (1000s in our gut).

Scientists have found that mice bred in a sterile environment, with no bugs, have weaker blood vessels and generally do not live as long as those exposed to a normal environment. Microbes received by a baby at birth and as a child will affect their immune system. It is thought that your *micro-biome* (your own personal micro-organism team of thousands of bacteria) is implicated in allergies, asthma, eczema, obesity and more.

There is current research on how to improve the *micro-biomes* of people suffering from various ailments. A rather gross sounding solution for irritable bowel syndrome is *FMT* (*faecal microbiota transplant*); most successful when this disease was due to the presence of a bacteria called *C.diff* that has multiplied after overuse of antibiotics killed off the normal bug population. This kind of treatment may help other conditions such as obesity.

It appears it is unhelpful to use soaps and liquids that kill 99% of all bacteria. It is also very important to follow your doctor's instructions carefully when taking antibiotics. Likewise keep eating a healthy diet with a good variety of unprocessed foods. Feed your good inner bugs to help you stay healthy.

Stella Clyde

Bibliography:- Yong, E. (2016) *I Contain Multitudes* (London: The Bodley Head)

Real Estate Report



increased since the end of 2016. Prices are rising!

We are already over half way through the first month of the new year and real estate enquiry is plentiful. People are looking at all types of property. Agreements are steady and multi offers have increased. Listings are still low although have

Sheila Boon
Licensed Agent REAA 2008 for Dargaville Realty Limited
T/A Roper and Jones

Letters from The Old Post Office



The man in the shed and downpipes

Recently cleaned, pressed and ironed, the man-in-the-shed was yet again out-of-the-shed and in Christchurch. Unaccustomed though he is to social chitchat and entertaining, he maintained a calm and casual front (even though ironed) while bearing up under the trying series of social engagements pertaining to the demands of a wedding, "out of town and among foreign fauna".

Amidst the gay abandon of these festivities, picture if you will the man-out-of-the-shed fetchingly attired in smart evening dress, cleverly finished off with an antique, pale pink shawl wrapped, Lawrence of Arabia style, around the head. *Tres chic*.

However, all was not fun and frivolity on the mainland. No, readers. Much serious study was undertaken in the city of Christchurch. As you may remember (or not), on a previous occasion out and about in Christchurch, the man-of-the-shed was to be seen (but ignored, hopefully) crawling around cafe tables in containers checking out their system of electrical wiring. Again in January 2017, the man-out-of-the-shed was to be seen (and studiously ignored), checking out the downpipe systems of the old style stone buildings of education.

Ten minutes, I can grant, may absorb many in this study, 30 minutes becomes tedious. Yet I too was puzzled by the system of downpipes that appeared to effectively guide water from the roof to the ground, then casually spill the contents onto hard surfaces with no apparent means of egress. Perhaps a seasonal facility for repelling students as the paths turned into moats? Although, surely rising damp would be a problem. The man-in-the-shed is onto it and shortly, no doubt, will come up with a solution. In the meantime, his companions discovered some lovely gargoyles positioned appropriately just above doorways. Perhaps, the builders' little joke on the newly enrolled and unknowing students?

The companions also required some serious physio for the cricks in the neck gained by too much downpipe gazing (nothing to do with wedding celebrations).

Deb

Easter Cantata

A combined churches' choir will perform 'Olivet to Calvary' by JH Maunder at Easter.



A group of choristers has begun practices for this cantata which portrays the Easter story, beginning with Jesus' triumphant entry to Jerusalem and his subsequent betrayal, arrest and crucifixion under Pontius Pilate.

The Cantata is in four-part harmony and men and women in our community who enjoy singing are invited to participate. Rehearsals will resume on Sunday 5 February at 1pm in the Holy Trinity Anglican Church, Maungaturoto (other times as agreed). The performance/s will take place during the first half of April, in the lead-up to Easter.

For further info contact:
Ailsa Cullen 431 8042
or Sue Skelton 431 6224.

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 Friday 9.30am - 1pm
 Saturdays fortnightly only
 9.30am - 12.30pm
 Saturday Feb 4, 18 & Mar 4, 18
 Avoid confusion and note
 these dates
 on your calendar

OUT & ABOUT

Advance notice! Community Sports afternoon Saturday 4 March. Run by Paparooa Sports and Recreation Association, this annual sports afternoon will held at Paparooa showgrounds. Mark your calendars now. for more info. Libby Jones 431 6822

The 70th Paparooa Lions Pioneer Luncheon - Friday 17 March at Paparooa Hall. We welcome interest from anyone who does or has lived in the Paparooa district and is a senior citizen. If you are not already on the invitation list please contact Pete Hames 431 6822.

Waipu Art 'n' Tartan - A meeting to gain 'expressions of interest' for this year's Wearable Art Awards is to be held 2 February, 7pm at The Waipu Celtic Barn. The organisers are looking for entrants, helpers, models, dressing room staff and stage crew. Call The Waipu Museum if you are interested and are unable to attend the meeting. Annie Newall <annienewall1@gmail.com>

The Hospice Truck will be at The Village Green car park on Wednesday 15 Feb from 10.30 to 12noon. Support this worthwhile cause and drop off all your better quality bits and pieces and clothing you no longer have a use for (see advert pg 2).

Fire Force training nights have changed to the 1st and 3rd Tuesdays of the month.

Opera in the Garden Opera North will celebrate its 21st year on 11 March from 3pm with a 'roaring 20's' theme. Held in the garden of Rick and Joan Kennaway's garden

at Glenbervie, Whangarei is a popular annual outdoor matinee concert, featuring 60 Northland singers, including some from Paparooa and Maungaturoto. Special guest this year is Kawiti Waetford. Bookings through operanorth.co.nz, eventfinder or Forum North ticket office.

Social Climbers Roger Hall's situation comedy promises to have you chuckling in your seats. Set in a DOC mountain hut in bad weather with five women teachers. The play is directed and produced by Waipu's Debi Walters-Brown ('Creativelynx productions'), and will be performed at Otamatea Repertory Theatre on 24 and 25 February at 7.30pm. Door sales \$20 or prebook tickets at Tony's lotto shop or go online at eventfinder.co.nz

The Well Cafe in Ruawai has opened in what was formerly the well known Elle Cee's Cafe. Reuben and Annissa Thompson are the new operators and are open Mon-Sat from 7am-4pm.

Paparooa celebrates



White Rock Gallery has been open for 2 years on 1 February. Congratulations! You've become part of what's making Paparooa a visitor destination.

Paparooa Farmers' Market has been operating for 10 years. It's a weekly event that is part of what one does on a Saturday!

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 - Clyde Chapmanformerly of Maungakaramea
 - Dora Crossformerly of Mareretu
 - Dene LouissonTony's wife, formerly of Pahi
 - Grace Phillips.....of Auckland, has son at Kaiwaka
 - Adelaide Priebe.....Pat George's mother
 - Roy Flower.....formerly of Riverview Pl, Mgto
 - Agnes PhilpottJosie Benetto's mother
 - Patricia Vaulkenburghas a daughter at Oneri
 - Alan Jacques.....formerly of Kaiwaka
- The Rest Home currently has respite rooms available.
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WHAT'S ON - FEBRUARY 2017

Paparoa A&P Show 4 February
Ruawai Lions Music in The Garden Sunday 12 Feb, 2pm, 143 Dunn road
ORT Musical Revue I Love You, You're Perfect, Now Change Friday 3 March, ORT
Community Sports afternoon 4 March, Paparoa show grounds
Pioneer Luncheon 17 March
The Kauri Museum open 7 days free entry to Otamatea District residents.
 Exhibitions: Tudor Collins, Sunny Summer Days on Salt River.
 Totara House open days from Feb 27

REGULAR EVENTS, MEETINGS AND ORGANISATIONS

Anglican Church St Marks 1st, 2nd & 4th Sundays 10am, Hook Road, Paparoa
Ararua Church 10.30am every Sunday, All welcome ph 431 6622
Art Studio, Ruawai Mon 10-12noon ph Frances 439 2554
Arty Farties Summer Markets 9am-noon, by The market. Thur/Fri the "Tile Shed";
 Beginners Patchwork Group, Mon 7pm, Te Pahi River Dr. ph Anne 431 6229
Badminton Thursday - teens & adults 7pm, Paparoa Hall ph Pete 4316 822
Crafternoons 1st & 3rd Wed in month, 10.30-4pm, Tinopai Hall ph Jo 431 7219
Exercise to Music Tue 10.30am Paparoa Hall \$5 ph Rose 431 7418
Farmers' Market Every Saturday 9-noon, Village Green
Gardening Club 2nd Wed of month, ph Lyn 431 6090
Grey Power Last Wed in month, 1pm, Anglican Church Hall, Mgtg
Library Mon 1.30-4.30pm, Wed 10am-12noon, Thu 1.30-4.30pm, Fri 9.30am-1pm
 Open alternate Saturdays Feb 11, 18 March 11, 18 9.30-12.30pm
Line Dancing Thurs 10am-noon Paparoa Hall ph Rose 431 7418
Mainly Music Wed 9.30am Paparoa Comm Church, ph Rebecca 431 7550
Maungaturoto Opportunity Shop Open Mon 10-1pm Wed 10-3pm Fri 10-3pm
Music Makers Second Wednesday, monthly, Cruiser Cafe, 7 pm. 4316 722
Otamatea Quilters 1st and 3rd Mon month 10am, Paparoa Hall 09 439 2262
Outdoor Bowls Maungaturoto Green ph Tony 431 6026 or Brian 431 6884
Paparoa Community Church 10.30am every Sunday, 4 Hook Road 4317106
Paparoa Hall Functions venue ph Robyn 431 7306 or a/h Loraine 431 7290
Paparoa Lions Dinner Meetings 3rd Mon in month 6.30pm, Sports Pavilion
Paparoa Playcentre Tues and Fridays 10am-1pm, ph 021 185 2954 Playcentre
 or Grace 0210379445 or 556 9141 or Bianca 431 6730 or 021 782 456 Visitors welcome
Paparoa Primary School Term 1 starts Tues Jan 31
Paparoa Toy Library Wed 10.30-1pm, Paparoa Comm Church, Hilery 431 7330
Paparoa Volunteer Rural Fire Force (VRFF) 1st and 3rd Tuesday of the month
 6.30pm Depot Rd ph Cohan 431 6668
Sacred Soul Circle 2nd Sundays, 10am-12 Marohemo hall ph Helen 021 938 024
Selwyn Centre Thurs 10am for over 65's, St Marks, Hook Rd, ph 431 8193
Sports Pavilion Functions Venue Bookings ph Jane Bailey 431 6148
St Mary's Catholic Church 10am Wed, 6pm Sat, Maungaturoto
Table Tennis Tues 7.30pm, Sports Pavilion \$2 Pete 431 6822
Tennis Tues Juniors 4.30pm, Intermed 5.15, Adults 6pm & Fri 9.30am, Sue 431 6224
Ukelele Players Beginners / experts, Thur 4pm Matakohe, ph Dennise 431 7012
Waka Ama Tue & Thu 5pm, Sun 10am, Pahi Domain, ph Grant 027 474 3856
White Rock Gallery Open 7 days 10am-4pm, in Library building
Yoga - Chair Yoga Pap Sports Pavilion - restarts Jan 10 -Tues & Fri 9.30-10.30am
Yoga - Anamana Studio \$10/session resumes Jan 23 with new timetable
 ph Jenny 09 280 9694, 021 114 3370

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Pahi Regatta

Big crowds, brilliant weather, and Sunday's bathtub racing was a highlight!

More next issue....



LOCAL TIDES for February 2017

FEBRUARY TIDES - CALCULATED for PAHI-WHAKAPIRAU

DATE	LOW	HIGH	DATE	LOW	HIGH
1st	8.36am	3.01pm	17th	9.53am	4.20pm
2nd	9.20am	3.46pm	18th	10.38am	5.07pm
3rd	10.10am	4.37pm	19th	11.33am	6.03pm
4th	11.07am	5.36pm	20th	12.41pm	6.37am
5th	12.14pm	6.43pm	21st	1.56pm	7.51am
6th	1.29pm	7.27am	22nd	3.03pm	9.02am
7th	2.43pm	8.45am	23rd	3.57pm	10.00am
8th	3.49pm	9.54am	24th	4.41pm	10.46am
9th	4.46pm	10.52am	25th	5.21pm	11.25am
10th	5.36pm	11.42am	26th	6.00pm	12.03pm
11th	6.22pm	12.27pm	27th	6.39pm	12.40pm
12th	7.04pm	1.09pm	28th	7.18pm	1.19pm
13th	7.20am	1.48pm			
14th	7.58am	2.25pm			
15th	8.36am	3.02pm			
16th	9.13am	3.39pm			

Community Directory

EMERGENCY: FIRE ■ POLICE ■ AMBULANCE dial 111

COAST TO COAST HEALTH CARE
 Maungaturoto Medical Centre: 8am-5pm Mon-Fri 09 431 8576
 Paparoa Clinic: Doctor Tue + Fri 8.30am-12.30pm..... 09 431 7222
 For urgent after hours medical service (Wellsford)..... 09 423 8086
DISTRICT NURSE Dargaville Hospital 09 439 3330
 Healthline - 24 hour service..... 0800 611 116
HOSPICE KAIPARA Dargaville Hospital 09 439 3330
KAIPARA DISTRICT COUNCIL Helpline 0800 727 059
 Mangawai Office..... 0800 100 388
LINKING HANDS Health Shuttle Service, Maungaturoto 09 431 8969
LIONS CLUB PAPAROA Secretary Mark Pilkington 09 431 7369
MAUNGATUROTO CHIROPRACTIC..... 09 431 8019
MAUNGATUROTO PHARMACY..... 09 431 8045
MAUNGATUROTO REST HOME 09 431 8696

NKT RECYCLING Huarau Road 10am - 2pm Mon-Sat....021 08 207 395
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PAPAROA PLAYCENTRE during session times.....021 185 2954
PAPAROA PLUNKET Cynthia Keay..... 09 431 8187
PLUNKET Helpline 0800 933 922
PAPAROA PRIMARY SCHOOL 09 431 7379
PARENT PORT Inc. free help for families Linda 09 425 9357
PHYSIOTHERAPY Lyndsay Bargh Mon/Wed/Fri from 8am...431 8576
PODIATRIST / FOOTCARE Jayne Short020 4022 6598
YOUTH & WHANAU FOCUS South Kaipara, Rose 09 431 7418

Tinopai Fishing competition ... and the winners were:



Mathew Bell: Te Waahi Inner Harbour Snapper



Mat Sim: biggest Outer Harbour snapper



Alex Saint: kids sprat winner



The new swing seat

Summer days in Pahi (photos by Philip Nixon)



Kids' Sprat fishing competition at New Year



Pahi regatta day

3 Questions for ... Lyn and Alex Tetzner

1. You have recently retired from your Matakoho House business. What are you enjoying most about being retired?

We are adapting to retirement slowly, but it takes a little time to become used to not having the 'structured' life we used to lead! We can now partake in a more normal social life too.

2. And plans for the future?

We both would like to travel, not necessarily to the same places. So we shall have lots to talk about when we get back home! We also can see more of our children; something we have missed for the past 17 years.

3. You were in business in Matakoho for a good many years and your food and hospitality were enjoyed by huge number of people. Any special memories?

We have so many happy memories of many lovely people who were regular overnight guests or who became regular day visitors. Over the years there were many famous people; including politicians sportsmen and artists. Our greatest thrill was when they returned to Matakoho House bringing their wives and family. Possum Bourne stayed when the rally was in our area, along with his whole team; what fun they were! One English couple stayed at least twelve times, first for two then three nights at a time. They absolutely loved Lyn's lamb racks and her salmon dish so much they insisted on having them for every meal.



PP

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